



Re-Opening Rules, Guidelines and Procedures

(07.01.20)

- COVID-19 Release form must be completed, signed returned prior to starting.
- All swimmers (and Coaches) must bring and have completed and the signed "Swimmer/Camper/Coach Health Monitoring Form"! We will scan their forehead temperature and record it on the form upon entering the pool area prior to EVERY practice or lesson. If any questions are answered with "yes" or the temperature scan is above 100.3; swimmers, campers or coaches will not be allowed to swim or coach AND NO REFUNDS will be given!
- Lessons will be scheduled to give ample time for the swimmers to enter and exit the pool area and maintain a minimum distance of 6 feet apart.
- Parents will walk their swimmers to the front gate, but do not enter the pool area gate. Swimmers only.
- Swimmers and Coaches will maintain a 6-foot distance from swimmers and wear face masks or shields when not in the pool. Coaches in the pool will NOT wear face shields while teaching in the pool and there will be contact between the coach and the swimmer while teaching.
- If you wish to have a "non-contact" lesson, the parent will be required to go in the pool with the swimmer.
- Swimmers arrive 10 minutes early for practice.
- After leaving their respective cars with face masks on, swimmer and parent walk to designated waiting area by the pool front gate where they will maintain a 6-foot distance apart.
- When instructed, walk in separately, 6 feet apart, turn in Health Monitoring Forms & have their temperature scanned.
- Swimmers arrive at the pool prepared to swim. No locker-rooms, showering or deck changing. Swimmers are to wear their suit to the pool.
- Swimmers must bring a personal (folding) chair with them and leave with them – no storing of personal chairs at the pool. NO shared equipment or chairs.
- Swimmers (only) enter the Westminster pool deck at the front (south) main pool entrance gate and depart at the shallow (west-ice machine) end pool gate.
- Swimmers MUST bring hand sanitizer for prior to entering and exiting the pool area.
- Upon entrance, swimmers immediately report to their assigned lesson area and put their belongings on their chair at the end of their lane 6 feet apart from each other.
- Swimmers will remove face masks prior to entering the pool to swim.
- Swimmers must remain in their swimming area at all times.
- Locker rooms will remain locked. If swimmers require the use a bathroom for an emergency (only), they may use the bathrooms by the gym. Only one swimmer at a time will be permitted in the bathroom at any given time. They must clean it thoroughly following use.
- Upon exiting the pool, swimmers will put their face masks on and meet their parent at the exit gate on the west end of the pool.
- Depart immediately following the practice and before the next lesson arrives and enters the pool area. Swimmers may have to exit and walk around tennis courts to return to parents' cars.
- Swimmers and Parents are not to loiter in the parking lot or anywhere on the Westminster Christian School Campus.
- Parents must be ready to pick athletes up immediately at the conclusion of their lesson.
- Swimmers must exit 6 feet apart.
- Swimmers that do not follow these rules will be removed from the group.
- Pool Deck will be sanitized daily.



Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people.

AquaKids has put in place preventative measures to reduce the spread of COVID-19; however, AquaKids cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending any AquaKids organized programs could increase your risk and your child(ren)'s risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending practice and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 maybe as a result from the actions, omissions, or negligence of myself and others, including, but not limited to, AquaKids' and Westminster Christian School's employees, volunteers, and program participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, death, illness, damage, loss, claim, liability, or expense, of any kind), that I, or my child(ren) may experience or incur in connection with my child(ren)'s attendance at AquaKids at Westminster Christian School's facilities or participation in any such organized training, teaching or camp sessions ("Claims"). On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless to AquaKids, Westminster Christian School, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of AquaKids and Westminster Christian School, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any of the organized activities.

Signature: _____

Date: _____

Signature of Athlete

Signature: _____

Date: _____

Signature of Parent or Guardian

AquaKids COVID-19 Athlete / Camper / Coach Health Monitoring Form		Date	Time	Circle Yes/No Below						Temperature (not over 100.3)		
				Fever		Cough		Sore Throat			Shortness of Breath	
Name:				YES	NO	YES	NO	YES	NO	YES	NO	
Signature (Parent if under 18):												

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Name:				YES	NO	YES	NO	YES	NO	YES	NO	
Signature (Parent if under 18):												

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