



FUNdamental Swim Camp

SAMPLE

*Daily Order of Events**

Drop Off:	8:30 - 9:00 AM
Camp Start:	9:00 - 9:10 AM
Period 1:	9:10 - 9:50 AM
Period #2:	9:50 - 10:30 AM
Mid Morning Break:	10:30 - 10:50 AM (Snack / Water Break / Sunblock Reapply)
Period #3:	10:50 - 11:25 AM
Period #4:	11:25 - 12:00 Noon
Lunch:	12:00 - 12:30 PM Half Day Camper Dismissal @ 12:30 PM!
Rest Period:	12:30 - 1:00 PM
Period #5:	1:00 - 1:40 PM TENNIS; T & Th, 1:00 - 2:00 PM!
Period #6:	1:40 - 2:20 PM
Period #7:	2:20 - 2:50 PM Full Day Camper Dismissal @ 3:00 PM!

*There are a minimum of two instructional swim periods in the morning and one in the afternoon. All other periods will consist of other camp activities (indoor and outdoor) and will vary on daily basis to insure each day does not become routine. A schedule of each group's daily activities is available from each groups' Head Coach!

*At 11:20 AM each Friday, we will have our (age and skill appropriate) SWIMMING RACES! All parents, siblings, relatives, & friends are invited to attend, watch and cheer! Every camper will receive a ribbon for each race and the RACES will end with an Awards Ceremony where each camper will receive their camp medal! Full day campers then continue with regular camp activities and schedule until their 3:00 dismissal!